

ADDICTION SERVICES

AA, Alcoholics Anonymous (24 hours)	425-454-9192
Alcohol/Drug 24-Hour Hotline	
Email: support@ADHL.org	206-722-3700
DSHS assessment and treatment services	800-662-6715
Friends of Youth	
Issaquah:	425-392-6367
Snoqualmie:	425-888-4151
Duvall:	425-844-9669
Internet Addiction Recovery Program	800-682-6934
Raging River Recovery Center, Snoqualmie Tribe	425-831-5425
Sound Mental Health, Snoqualmie	425-653-4950

COUNSELING / MENTAL HEALTH

Cancer Lifeline	800-255-5505
Catholic Community Services	206-643-1937
Fairfax Hospital, Behavioral Health 24/7	800-435-7221
Friends of Youth	
Issaquah	425-392-6367
North Bend	425-888-4151
Duvall	425-844-9669
Griefshare Support Group (Sno Valley Senior Center)	425-333-4152
Problem Gambling	800-547-6133
Sound Mental Health, Snoqualmie	425-653-4950
Sea Mar Monroe	360-805-3122
YWCA at Encompass, North Bend	425-922-6192

CULTURAL / ETHNIC SUPPORT

Eastside Cultural Navigator Program	
Chinese	425-647-0913
Languages of India	425-289-8609
Spanish	425-289-8608
Russian	425-502-0883
Eastside Literacy (Hopelink ESL services)	425-643-1912
El Centro de la Raza	206-951-4654
Jewish Family Services	425-643-2221
Refugee Women's Alliance	206-721-0243
Snoqualmie Tribe	425-888-6551
WA State Migrant Education Program	800-274-6084

DENTAL

HealthPoint	866-893-5717
Lake Wash. Technical College Dental	425-739-8130
Seattle King County Dental	206-443-7607
Seattle King County Health Child Dental	206-205-0577
UW Emergency	206-543-5850

DISABILITY

ARC of King County	206-364-6337
Dept. of Services for the Blind	800-552-7103
Encompass (birth to 3 years) -	
*PT is available for older kids	425-888-2777
National Alliance on Mental (NAMI)	425-885-6264
Supplemental Social Security Income (SSI)	800-772-1213
Washington Partnership for Action Voices for Empowerment (PAVE) education advocacy and healthcare resources	800-572-7368

EARLY CHILDHOOD EDUCATION

Bellevue College Co-op Preschools (Carnation)	425-564-2365
Childcare Resources	877-512-3948
Encompass (Preschool, ECEAP, infant/toddler, parent education)	425-888-2777

EARLY CHILDHOOD EDUCATION CONT.

Riverview ECEAP	425-844-4785
Riverview Stepping Stone Preschool	425-844-4548
Snoqualmie Valley School District	425-831-8015

EDUCATION

Ask KCLS	425-462-9600
King County Library System	
Carnation	425-333-4398
Duvall	425-788-1173
Fall City	425-222-5951
North Bend	425-888-0554
Snoqualmie	425-888-1223
Office of Education Ombudsman	866-297-2597
Puget Sound Educational Service District	425-917-7600
Riverview School District 407	425-844-4500
Snoqualmie Valley School District 410	425-831-8000

EMPLOYMENT / VOCATIONAL SERVICES

Bellevue College Women's Career Center	425-564-2279
Services for the Blind	800-552-7103
Work Source, Redmond	425-861-3700
Hopelink, Carnation	425-333-4163

FINANCIAL ASSISTANCE

American Red Cross (fire, flood, disaster)	206-323-2345
Credit Counseling	800-646-0042
DSHS (welfare, food stamps, medical)	800-662-6715
Hopelink	
Food, Clothing, Housing, Power Went Off	425-333-4163
Energy Assistance (if power is still on)	800-348-7144
North Bend Community Church	425-888-2711
Our Lady of Sorrows	425-888-2974
(North Bend, Snoqualmie, Fall City, Carnation)	
St. Anthony Catholic Church (Carnation)	425-333-4930
Tolt Congregational United Church (Fall City, Carnation)	425-333-4254
U.S. Social Security Administration	800-772-1213
Valley Christian Assembly (Fall City)	425-222-5284
Free Pet Food-King Co Humane Society	425-333-4152

FOOD AND CLOTHING

Fall City Food Pantry	425-222-5458
Hopelink	425-333-4163
Snoqualmie Valley Foodbank	425-888-7832
Mount Si Helping Hand Food Bank	425-888-0096
Raging River CC Food Bank (Preston)	425-222-5573
Salvation Army (gas, food, vouchers)	
Hopelink	425-333-4163
North Bend PD	425-888-4433
Snoqualmie PD	425-888-3333
North Bend Community Church	425-888-2711
Snoqualmie Tribe	425-333-6560
Snoqualmie Valley Shelter Services	425-505-0038

HOUSING / SHELTER / MAINTENANCE

Acres of Diamonds	425-788-9999
Friends of Youth (shelter)	206-236-5437
Safe Place (under age 18)	800-422-8336
The Landing (adult overnight) shelter	425-449-3868
Transitional Living	206-409-6009
Catholic Community Services	800-872-3204
Hopelink	425-333-4163

HOUSING / SHELTER / MAINENANCE CONT.

King County Information & Referral	211
King County Repair/Weatherization	206-296-7640
Mamma's Hands/House of Hope	206-915-2073
(women's/children's shelter)	
Snoqualmie Valley Shelter Services	425-505-0038
Solid Ground	206-694-6836
Tenants' Union	206-723-0500
YWCA Family Village (Redmond)	425-556-1350

LEGAL SERVICES (low income)

Catholic Community Services	206-324-6890
Eastside Legal Services	425-747-7274
Senior Rights Assistance	
Carnation	425-333-4152
North Bend	425-888-3434
Washington Law Help	206-623-2551

MEDICAL SERVICES

Bastyr Naturopathic Clinic at Sno-Valley Senior Center,	425-333-4152
Care Net Pregnancy & Family Services	425-837-3643
Carepoint (free medical care @ SVA church)	425-478-6627
Community Health Access Program (CHAP)	800-756-5437
Department of Social and Health Services	800-337-1835
TTY service 888-833-4191	
Diabetes Association	800-628-8808
Eastgate Public Health Center	800-244-4512
Encompass: Pediatric Therapy	425-888-3347
(Including speech, occupational, and physical)	
Evergreen Care Network	425-899-3200
Evergreen Hospital	425-899-1000
HealthPoint	425-882-1697
Meadowbrook Clinic and Urgent Care	425-831-2380
National AIDS Hotline	800-342-2437
North Bend Family Clinic	425-888-5511
Free walk-ins, teen clinic, family planning	206-296-9814
Overlake Clinic	425-747-1050
Overlake Hospital	425-688-5000
Planned Parenthood, Issaquah	425-369-0301
Providence Marionwood Nursing Facility	425-391-2800
Sno-Valley Healthy Start (teen parents to age 21)	425-831-5543
Snoqualmie Valley Hospital & Clinics	425-831-2300
Snoqualmie Ridge Medical Clinic	425-396-7682
Snoqualmie Valley Clinic	425-888-2299
Swedish Physicians Snoqualmie Clinic	425-888-2016
Teen Clinic	206-477-8000
Tolt Family Clinic (Snoqualmie Tribe)	425-333-6924
Valley Clinic, Carnation	425-788-4889
Washington Basic Health Plan	800-826-2444
Women, Infants, Children, schedule appointment	800-562-2956

SENIOR SERVICES

Adult Protective Services 866-END HARM	866-363-4276
Caregivers Support, Mt. Si Senior Center	425-888-3434
Eastside Friends of Seniors	425-369-9120
Elder and Adult Day Services, Mt. Si Senior Center	425-213-9447
Encompass Kinship Care Support	425-888-2777
Evergreen Care Network	425-899-3200
Interfaith Volunteer Caregivers	425-391-2817
Long-Term Care Ombudsman Program	800-562-6028
(Info & Complaint line for people in LTC facilities)	

SENIOR SERVICES CONT.

Meals on Wheels	888-308-6325
Regency – North Bend	425-888-2129
Mt. Si Senior Center	425-888-3434
Senior Information and Referral	888-435-3377
SHIBA (Statewide Health Insurance Advisors)	800-562-6900
Sno Valley Senior Center	425-333-4152
Adult Day Health, The Old Friends' Club (Carnation)	425-681-9776
AntiCoagulation Clinic Sno-Valley Senior Center	425-333-4125
Volunteer Outreach Program for Homebound Seniors	425-333-4125

SUICIDE INTERVENTION

King County Crisis Clinic (24/7)	206-461-3222
National Suicide Prevention Lifeline	800-273-TALK
National Youth Crisis Hotline	800-273-8255
Suicide Hotline	800 784-2433

TRANSPORTATION

Access/Metro	206-205-5000
DART (Metro Dial-a-Ride)	866-261-3278
DSHS Medical Coupon Transportation	800-923-7433
Hopelink: Medicaid transportation	800-923-7433
To Learn about Travel Programs	425-943-6760
Hyde Shuttle Services	425-333-4009
Metro Rider Info (TTY)	800-246-1646
Salvation Army (gas, food, vouchers)	
Kym Smith, North Bend PD	425-888-4433
Becky Kemp, Snoqualmie PD	425-888-3333
North Bend Community Church	425-888-2711
Snoqualmie Valley Transportation	425-888-7001
Senior Services Volunteer Ride (Medical for Seniors)	800-282-5815

VETERANS SERVICES

American Legion Carnation	206-225-5369.
American Legion Snoqualmie	425-888-1206
King County Veterans Services	877-904-8387
Valley Veterans Services	206-612-2816
U.S. Department of Veterans Affairs	800-827-1000
VA Crisis Line	800-273-8255 dial 1

VICTIMS SERVICES

Address Confidentiality Program	800-822-1065
Adult Protective Services	206-341-7750
Child Protective Services	800-962-0073
Children's Response Center	425-688-5130
Lifewire	425-746-1940
King County Sexual Assault Resource Center	888-998-6423
Snoqualmie Tribe	425-333-5425
Washington Domestic Violence/Shelter Line (24 hrs)	800-562-6025

VOLUNTEER OPPORTUNITIES:

Please visit www.SnoValleyVolunteerMatch.org

YOUTH AND FAMILY SERVICES

Child Care Resources	206-329-1011
Encompass	425-888-2777
Friends of Youth (shelter, foster care, parent support, counseling)	
Duvall	425-844-9669
Issaquah	425-392-6367
North Bend	425-292-0743
Si View Park District	425-831-1900
Sound Mental Health Snoqualmie	206 302 2300
TeenLink 6pm-10pm (teen-to-teen)	888-431-8336
The Trail Youth (mentorship, leadership development, connections)	425-635-9535

CRISIS / EMERGENCY SERVICES**Fire, Police & Medical Emergency**

911

Alcohol & Drug 24-Hour Help Line

206-722-3700

24-Hour Crisis Line

866-4-CRISIS, 866-427-4747, or 206-461-3222

Email: support@ADHL.org

National Suicide Prevention Lifeline (24-hour)

800-273-8255

Poison Center

800-222-1222

Red Cross

800-462-9029

Teen Link

(Teen-to-Teen, 6pm-10pm)

866-833-6546

Teen Safe Place

Teens text the word "safe" and your current location (street, city, state) to: 69866 or 888-290-7233 for immediate help. Within seconds you will receive a text with the closest Safe Place location.

King County 2-1-1

(M-F, 8am - 6pm)

Information & Referral for Health and Social Services in King County including: food, shelter, housing, rent and utility assistance, legal assistance, governmental assistance programs, healthcare, employment, education, and family support programs.

Dial 2-1-1 or 206-461-3210, TDD 206-461-3219

QUICK RESOURCE GUIDE

Health & Human Services available in the Snoqualmie Valley



For the most current version of the Quick Resource Guide including website information visit:

SnoqualmieValleyCommunityNetwork.org/ResourceGuide

This Guide is Published by the Snoqualmie Valley Healthy Community Coalition and the Snoqualmie Valley Community Network
Updated in November 2018