

Healthy Community Coalition
3-19-20 Meeting Notes

NEXT MEETING: Thursday 3/26 at 11:00 AM by Zoom (meetings now weekly)

Topic: COVID-19 community collaboration
Facilitator: Laura Smith & Emily Ridout
Notetaker: Sarah Marsh

Attendees

SVCN - Laura Smith, Sarah Marsh, Maren Van Nostrand,
Shelter Services - Jennifer Kirk & Trissa Dexheimer
Friends of Youth - Jess Wood
King County - Lane Covington
SV Transportation - Amy Biggs
Hopelink - Anna Austing
Life Community Church /Helping Hands Ministry - Jon Wren
SVA/Love Snoqualmie - Emily Ridout
Carepoint - Tami Jones
SV Foodbank - Nikky Lloyd
SVA Church - Emily Ridout, Baly Botten
Encompass - Nela Cumming
City of Snoqualmie - Carson Hornsby
Mount Si High School - Bronwyn McDaniels
Community - Christine Myles

SUMMARY

Major Community Needs Right now

- Financial donations to service providers
- Trained volunteers to assist as needed, replenish previous volunteers/staff
- Up to date list of resources

Questions/Concerns

- If/when front line staff and volunteers get sick?
 - Get crew of 18+ people trained in advance, use in teams of 6 max at a time?
- Reduction in staff/volunteers already due to exposure concerns
- Lots of working poor that will need additional services
- How are volunteers being screened for illness and taking necessary precautions while serving?
 - Following guidelines on spacing, max volunteers, wearing gloves, disinfecting

Next Steps

- Many orgs have benevolent funds, do we continue to gather funds on our own within individual organizations or pool funds together? Add a steering team?
- Maybe work together in teams -- food distribution areas, funds, transportation, etc.
- So many issues of funding, what is available, how can it be used, and resources for the long term.
- Who else should be on this call? Reach out to others who should participate

Self-Care / Sanity

- Understand we have limitations, need to choose priorities, and how to be okay with that. (Creative prioritization!)
- We are not saviors, we are gifted helpers, know your limits. Together we can have impact.

PROVIDER UPDATES

Snoqualmie Valley Community Network (SVCN)

- Weekend Power Packs (Riverview School District) are now being packed at SVCN office
- Greatest need is keeping up with capacity
- 160 a week previously, launching now at 200
- **Lots of offers for volunteers, but financial donations most needed.**
- Food not needed, need to assess current supplies and fill gaps
- Volunteers needed for packing party of 6 people max, using precautions (gloves, etc)
- <https://snoqualmievalleycommunitynetwork.org/>

Carepoint

- Closed for services because providers are now working in hospitals
- **If you know of anyone who is a current patient, let them know Carepoint is trying to meet the need to help refill prescriptions.** They cannot assist with new patients now.
- Pharmacies are extending refills right now. Should be able to get an extended refill.
- Carepoint is still monitoring their phone. Feel free to leave a message. 425-478-6627
- Check out free e-Visit service from Multicare (see resource below).
- <https://carepointonline.wordpress.com/>

Snoqualmie Valley Food Bank

- No food donations needed. **Need 6 steady volunteers to help with packing.**
- Moving to a grab and go model next week.
- No registration or paperwork needed. Just number of people in your household
- **Volunteers and funding are the major needs.**
- <https://www.snoqualmievalleyfoodbank.org/>

Snoqualmie Valley Shelter Services

- **Many needs: bottled water, empty water jugs that can be refilled, camping supplies, tarps, tents**
- Might need help advocating for families that are experiencing homelessness
- Enhanced services at resource center (thus enhancing exposure as well to staff)
- Resource center hours are 7 days a week, 8am - 6pm. 3 meals a day. Laundry & showers.
- Single serve, pre-packaged food only.
- Staff is overworked as volunteers have needed to be sent home. Anticipate losing staff due to exposure over time. Will likely need additional staffing.
- Regular season of overnight shelter has ended, but can't stay in current location due to spacing restrictions. Looking at getting most covid-vulnerable into motel rooms. Encouraging folks to camp individually and not in groups. Giving cell phones for support.
- Expect a rise in needs.
- <http://www.svshelterservices.org/>

Helping Hands Ministry

- Weekend Food Backpacks (SVSD)
 - Donations need to be wiped down and usable/wanted/needed
 - **Donation of funds preferred**
 - Have enough volunteers, but might need more later
 - <https://helpsnovaleley.org/backpacks/>
- Emergency assistance fund
 - Rent, utilities, gas cards, emergency assistance other orgs can't fill
 - Call or text the support hotline at 425-888-0096
 - Only requirement is person lives in the valley.
 - <https://helpsnovaleley.org/>

Encompass

- Closing early learning center, moving to working with families remotely
- Biggest need is knowing what resources are available.
- <https://www.encompassnw.org/>

Friends of Youth

- All youth and family services happening through Telehealth.
- No one in the FOY offices, all working from home
- Increase in drop-in services, switching to shifts of 3 clients accessing services at a time
- For shelter, typically have 20 beds, now down to 15 due to spacing requirements.
- **Recommend calling beforehand before accessing shelter.** They are trying to triage health needs beforehand.
- <https://www.friendsofyouth.org/>

Hopelink

- All facilities closed to public but still operational.
- A living document of resources would be helpful.
- Hopelink is not accepting donations of goods.
- Home delivery of food is not happening, but it is under discussion.
- Tolt Congregational is assisting community with fresh groceries Wednesday at 5:30pm.
- <https://www.hopelink.org/hopelink-coronavirus-response-update>

SV Transit

- They are here to be of service to the community.
- **They can help get things and people from place to place. Call Amy Biggs to work out logistics. 425-888-7001**
- For example, they can bring food to people, instead of people to the food bank
- Can post flyers in their buses to expand reach to the community
- **If they should start the summer freedom ride program early and offer free rides for youth, send Amy an email so she can consider - abiggs@svtbus.org**
- <http://svtbus.org/>

Love Snoqualmie

- Can be a communicator for bringing community supports together
- Launched a shared google doc of local resources:
<https://docs.google.com/spreadsheets/d/1zVdD0j3W6REBjwYrdYMJWR5dVskZ-FIGNoDYxaoDofg/edit#gid=0>
- May organize a robust team to manage info sharing
- **Email creative suggestions to Love Snoqualmie - emily@svaonline.org**
- <https://www.lovesnoqualmievalley.com/>
- <https://www.svachurch.org/>

House of Hope/Mamma's Hands

Update given post-meeting

- Transitioning to telehealth, have new tablets for clients to use for online services
- ***One spot open for a Snoqualmie Valley family. Female head of household 18 yo or older, who is pregnant and/or parenting at least 1 child on a full-time basis. We accept female children up to age 18 years, and male children up to age 12 years.**
- **Family would have to quarantine for 14 days on-site. Apply online at:**
mammashands.org
- **Greatest need is hand sanitizer**
- Not accepting donations of goods or volunteers
- As of Monday, Kimberly will be the only worker. She is training residents as potential co-leaders if needed.
- Still happy to help as a resource for information
- mammashands.org

RESOURCES

Love Snoqualmie local resources

<https://docs.google.com/spreadsheets/d/1zVdD0j3W6REBjwYrdYMJWR5dVskZ-FIGNoDYxaoDofg/edit#gid=0>

City of Snoqualmie financial resources (from King County)

<http://www.ci.snoqualmie.wa.us/692/Financial-Resources>

Free internet services from Comcast:

In response to emergency measures associated with Coronavirus (COVID-19), Internet Essentials will increase speeds from 15/2 Mbps to 25/3 Mbps for all customers. This speed increase will happen automatically - no action is required by customers. In addition, new customers will receive two months of free service.

<https://www.internetessentials.com/>

Free e-Visits from MultiCare

MultiCare is offering FREE e-Visits to anyone who has COVID-19 symptoms (fever, cough, difficulty breathing), with or without travel to China, Iran, Italy, Japan or South Korea, or anyone exposed to someone who has traveled to these areas. If indicated, they can refer you to an appropriate site for COVID-19 testing. Use promo code COVID19 to waive the regular \$25 fee.

If you are experiencing severe breathing problems or other serious health issues that may or may not be related to COVID-19, please call the emergency department closest to you. For more information, visit the COVID-19 resource page.

<https://www.multicare.org/virtualcare/>