

Healthy Community Coalition

4-9-20 Meeting Notes

NEXT MEETING: Thursday, 4/16 at 11am by ZOOM (meetings are now **weekly**)

Facilitator: Laura Smith

Notetaker: Lisa Hart

ATTENDEES

Snoqualmie Valley Community Network

- Laura Smith: Laura@svcn.info
- Sarah Marsh (SVCN Youth Resilience & Community Resource Coordinator for SVSD): Sarah@svcn.info
- Maren Van Nostrand (SVCN Youth Resilience & Community Resource Coordinator for RVSD): Maren@svcn.info
- Lisa Hart: Lisa@svcn.info
- Alyson Paris (YMCA SVCN Trace Program): aparis@seattleyymca.org
- Ken Heikkila (SVCN Board): ken.heikkila@gmail.com

Care Point Clinic

- Tammy Jones: tami@carepointonline.org

Community Member

- Maria: majg13@gmail.com

Encompass

- Sandra (Sam) Sinanan (Parent and Family Coordinator): Sandra.sinanan@encompassnw.org

Friends of Youth

- Cindy O – Friends of Youth’s Homeless Prevention Program: cindyofriendsofyouth.org

Government Officials

- Councilwoman Kathy Lambert
- Lane Covington (and SVCN Board): lane.covington@kingcounty.gov

Helping Hands, Life Community, Love Snoqualmie Valley.org

- Jon Wrens: jon@lifesnoqualmie.org

Holy Innocence Food Bank Duvall

- Carrie Harris: carrie@holynn.org

Hopelink – Carnation

- Anna Austing (Case Manager): aausting@hopelink.org

KCLS – Carnation, Duvall, North Bend

- Jenn Carter (D & C): jecarter@kcls.org
- Denise Bugallo (D): dbugallo@kcls.org
- Lindsay E (NB): lellsworth@kcls.org

Mount Si Senior Center

- Valerie Stewart (represents far East Senior hub including Mount Si): valeries@soundgenerations.org

Preston Food Bank

- Sally Mayo: [need contact info]

Riverview School District

- Brad Knowles (RVSD new School Safety Officer): [need contact info]
- Jaren Ostercamp (Special Ed at Carnation ES): ostercampj@rsd407.org [add to distribution list]

Tolt UCC Church – Carnation

- Becky Reimer: beckyreimer@hotmail.com

Trail Youth

- Kristen Zuray - Ex Director: kristen@thetrailyouth.com
- Tonya Guinn – Program Coordinator: tonya@thetrailyouth.com

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Snoqualmie Fire Dept.

- Jake Foust: jfoust@snoqualmiewa.gov [add to distribution list]

Snoqualmie Valley Alliance Church & Love Snoqualmie Valley

- Emily Ridout: emily@svaonline.org

Snoqualmie Valley Foodbank

- Nikki Lloyd: director@snoqualmievalleyfoodbank.org

Snoqualmie Valley School District

- Margi Blackmon (Mount Si HS nurse): blackmonmr@svsd410.org
- Erica Healy (Social Worker & Substance Use Counselor): healye@svsd410.org [add to distribution list]

Umpqua Bank North Bend

- Rob Wotton: RobertWotton@umpquabank.com

ADD FOLLOWING TO DISTRIBUTION LIST

- Erica Healy (Social Worker & Substance Use Counselor): healye@svsd410.org
- Jake Foust: jfoust@snoqualmiewa.gov
- Jaren Ostercamp (Special Ed at Carnation ES): ostercampj@rsd407.org
- Carrie Harris Holy Innocence Food Bank Duvall: carrie@holynn.org
- Valerie Stewart: valeries@soundgenerations.org
- Lindsey Ellsworth with KCLS: lellsworth@kcls.org
- Margi Blackmon (Mount Si HS nurse): blackmonmr@svsd410.org
- Jenn Carter with KCLS: jecarter@kcls.org
- Maria (last name?) Community Member: majg13@gmail.com

NEED CONTACT INFO FOR:

- Brad Knowles (RVSD new School Safety Officer):
- Sally Mayo (Preston Food Bank):

PROVIDER UPDATE SUMMARY *Share emergent needs within your organization*

Care Point Clinic

Tammy Jones: tami@carepointonline.org

- trying to serve current patients we need providers who can help us remotely

SVCN Youth Resilience and Community Resource Coordinator for SVSD

Sarah M: Sara@svcn.info

- Domestic violence – working on those resources once have it we will get that out to everyone
- Youth and students cannot access normal adults to report concerning behavior at home, the school is the primary conduit. We are working on how to have more intentional conversations with our students. Is school staff hearing anything concerning, how and who are they routing them to – we are working on these questions and process.
- Mental health providers should be open for business such as Sound, Friends of Youth - should be available for intake
- Families with special needs kids who cannot chew have been given Safeway gift cards
- Many families are spending most their money on diapers and less on food. How do we move Eastside Baby Corner to provide these conversations?

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- **Who can we seek for TP so families do not have to use their money for these other items (toilet paper, baby wipes, diapers etc)?**

Nikki with Sno Valley Food Bank

- **We are also a hub for baby corner we can order we do have diapers**

Riverview School District

Brad Knowles (role in RVSD):

- Nothing to report

Jaren Ostercamp (Special Ed at Carnation ES)

- Working on getting devices into the hands of students with special needs
- spec ed and preschool gets pushed to the bottom, we are working on this to get those devices to our students
- **Wipes- Jaren has a large amount of wipes that she can carry out – have about a dozen packages**
- **Resource to share Debby Leone re church and food they have available – have a lot and hard time getting rid of it – 10-12:00 let people in to po/u food**

Helping Hands, Life Community, Love Snoqualmie Valley

Jon Wrens: jon@lifesnoqualmie.org

- Up to 470 backpacks – running to Costco after this
- Have to figure out the backpacks
- Jon Wren - Helping Hands - 480.298.3960 (my cell) jon@lifesnoqualmie.org
- Add your organization if you are not listed <https://www.lovesnoqualmievalley.com/community-resources>.
Submit form here: <https://airtable.com/shrsiAdJDm46aAuOW>

Preston Food Bank

Sally Mayo

- Need protein

Tolt UCC Church – Carnation

Becky Reimer: beckyreimer@hotmail.com

- We have a lot of food coming in tell people about it
- up to 100 families coming in.
- **Will check if they have meat to provide Sally**

Snoqualmie Valley Alliance Church & Love Snoqualmie Valley

Emily Ridout: emily@svaonline.org

- Backpack program we are working with school districts
- Helping hands life church
- There was a pig donated to the Fall City Food Pantry

KCLS – Carnation, Duvall, North Bend

Jenn Carter (D & C): jecarter@kcls.org

- I am hearing from my Story Time families that they need internet connections/having trouble getting online.

Denise Bugallo (D): dbugallo@kcls.org

- Nothing new from me
- Working on internet capability
- Use of some of our Library-to-Go-Vans – might be places to park those – still a work in progress

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Lindsay E (NB): lellsworth@kcls.org

- I'm here from the King County Library. I am the teen librarian from North Bend and Snoqualmie. I am just here to support and see the needs of the community. I am sorry I don't have audio or video right now. Good to see all the amazing things you are all doing!

Snoqualmie Valley Foodbank

Nikki Lloyd: director@snoqualmievalleyfoodbank.org

- Senior distribution – connected with two senior hubs want to make sure we are serving as many as we can
- **How to connect me with more of our Valley's seniors**

Hopelink – Carnation

Anna Austing (Case Manager): aausting@hopelink.org

- No new needs
- Have some resources for those who need rental assistance/they can get on a wait list for assistance
- Employment – one time over the phone resume help
- GED moved to online support

Mount Si Senior Center

Valerie Stewart: valeries@soundgenerations.org

- No critical needs
- Getting 45 meals to seniors through the shuttles getting more people coming which is great
- Sno Valley, Mt. Si and Issaquah Senior Center FESH Hub Program Coordinator reaching isolated and underserved seniors

Encompass

Sandra (Sam) Sinanan (Parent and Family Coordinator): Sandra.sinanan@encompassnw.org

- Our families need cleaning products and school supplies, and food
- **QFC has single serve tuna and mac n cheese, will p/u some and donate it to Helping Hands (Jon says put it in the bin outside the church)**

Government Officials

Councilwoman Kathy Lambert

- Masks were delivered and more coming
- Libraries – are leaving hotspots open
- Working with broad band – ongoing issue
- SVA working to get the money out – a lot less fear when money is out flowing
- We think we saved 800 lives with social distancing

Lane Covington (and SVCN Board): lane.covington@kingcounty.gov

- Nothing to report/here to listen

Trail Youth

Kristen Zuray - Ex Director: kristen@thetrailyouth.com

Tonya Guinn – Program Coordinator: tonya@thetrailyouth.com

- Nothing pressing right now
- 700 frozen meals donated by the Tribe and Casino to the school

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- **Trail Youth has Bombas socks for the Shelter. Anyone in need!**

Snoqualmie Valley School District

Margi Blackman (Mount Si HS nurse): blackmonmr@svsd410.org

- Email – I am here to help

Erica Healy (Social Worker & Substance Use Counselor): healye@svsd410.org [add to distribution list]

- Echo lots of the same themes
- On family who might lose housing - no lease agreement
- Looking at the laws for evictions – will connect to Hopelink
- **From Kathy Lambert – there should be no evictions – protections in place - Does this apply to living in hotels? – not sure Kathy will find out**
- Most of the hotels have been generous
- **50 thousand bed – should be in place**
- **Can we get a list of those hotels? – Kathy**
- **Where do I find the laws for eviction protections?**

Sarah Marsh

- Called Representative Lisa Callan's office – about eviction protections – have submitted a guidance - have not heard yet

Snoqualmie Fire Dept.

Jake Foust: jfoust@snoqualmiewa.gov

- Nothing critical at this time. Wanted you to be aware of the following:
- City of sno is fully on board with support to all organizations
- 3 people working with me finding ways to provide support
- We are open to the needs
- **Any needs reach out to Jake directly**

Holy Innocence Food Bank Duvall

Carrie Harris: carrie@holynn.org

- **Need more time, more people, more volunteers**
- Question
- Susan Hep AB flu shots, food banks offering this?
- No info from our school distice on what the needs are – don't know if there is more of a need out there
- **I have a ton of s 3 and 4 diapers**
- Any back packs being delivered in the lower Valley – SVCN provides 205 each week
- What are the 4 distribution sites for Power Packs and Backpacks?
- **Food Allergies – Nikki and Carrie can help with this**

Umpqua Bank North Bend

Rob Wotton: RobertWotton@umpquabank.com

- Helping existing homeowners with payment relief or the SVA
- For non-profits - go to your bank to see what options are available to non-profits at this time
- **Reach out to Rob and he can help direct you**

Friends of Youth

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Cindy O: cindy@friendsofyouth.org

- Working from home and remotely
- Yes, we are providing mental health services via Telecommuting

Community Member

Maria

- Community member
- Here to listen
- **If there is a need I know a lot of nursing students who would like to help**
- majg13@gmail.com I'm here to volunteer wherever it can be useful

Tami

- We always need nurses
- **Connect with Tammy Jones: tami@carepointonline.org at Care Point Clinic**

Snoqualmie Valley Community Network

Laura: Laura@svcn.info

- Need is still food for Weekend Power Packs – **biggest need: individual self-stable milk (regular or chocolate)**
- Programs are anonymous - Don't know who really needs the Power Packs
- 60 packs went out (last week?)
- 49 (students?) are not able to get to the school to get Power Packs
- Counselors will call those kids and find out what the barriers are so we can get them Power Packs

Update on [Love Snoqualmie Valley Resource Website](#)

Emily and Jon

- Community wide platform to get help and those who want to help
- We are checking in weekly
- There is a hotline that Jon is operating
- Critical program – the delivery of food to those who cannot get to the food bank
- Airtable – live excel program
- Handful of requests per week
- SVT – getting meds to families
- 150 gift cards at 100\$ each – who are the critical needs families so we can coordinate who gets the gift cards – want to make sure the resources are going to the right places and are being stretched
- Come together Sno Valley – featuring the Back Pack program
- Senior Center is the upper Valley – critical need
- Put out a map with all food banks
- Have sent out flyers to ? (and Spanish flyer)
- Coordinating communication soon and quicker with more volunteers
- Partnered with Helping Hands Covid-19 Fund – designated and restricted – special used for unique stories

Additional Comments

- Sarah will work with Mason to get laptops to senior citizens so they can connect with family and friends
- SVCN will provide a calendar for food bank hours and days of the week – tool for people to give out for food resources
- Please fill out a form on Love Snoqualmie Valley and we will add to resource list

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- Lisa Hart connect with Carrie Harris

COMMENTS FROM ZOOM CHAT ROOM

From Alegria, Marissa <Marissa.Alegria@kingcounty.gov>

- [King County - Equity Impact Awareness Tool](#)
- In response to community concerns, the Office of Equity and Social Justice partnered with Headwater People to create an Equity Impact Awareness Tool to guide and support King County Facilities and Maintenance Division and Real Estate Services as they are reviewing and recommending potential sites for COVID-19 Quarantine and recovery. The intention of this tool is to ensure King County decision makers are aware of the potential for significant impact to communities of color who are least likely to recover from the COVID-19 health and economic crisis. The Equity Impact Awareness Tool was developed in response to the COVID-19 crisis **and should not** replace Equity Impact Review tools that include more inclusive community engagement processes

From Jaren Ostercamp

- Tolt Church has frozen meat

Nikki Lloyd and Valerie Stewart

- Valerie is working with the Sno Valley Senior Center and can connect Nikki with the Resource Navigator
- Sno Valley Food Bank service area is Upper Valley and we are thinking of those living in: Preston, Snoq, Fall City and North Bend
- Valerie – I represent the Far East Senior Hub which includes Mount Si. I can also reach out to Britt, the Navigator for Mt. Si and Susan for you.

From Tonya with Trail Youth to Team

- Backpacks are going to Opstad, Cascade Elementary, Fall City ES, and Snoqualmie ES.
- Trail Youth is delivering 700 frozen meals donated by the Snoqualmie Tribe tomorrow (Fri 4/10)

From Anna Austing with Hopelink

- Call 425-333-4163 for Hopelink Sno-Valley to get on rental assistance Waitlist.
- Also, Baby Corner sent out this resource related to rental assistance in King County, "Rental Assistance Through the United Way: : <https://www.uwkc.org/fighting-homelessness/home-base/> (Note: this application is not live yet, but you can enter your email address now to receive an email when it becomes available, which they anticipate sometime this week)"

From Cindy O with Friends of Youth

- Tenant Law Center or Housing Justice Project might be good referrals for that family
- Washingtonlawhelp.org and then perhaps uwkc.org
- cindyofriendsofyouth.org with Friends of Youth's Homeless Prevention Program as an additional resource person

Maria, Tami and Margi (RE: additional nurses needed)

- Tami and Maria are going to connect tami@carepointonline.org

Margi

- Tami, could you say again what you are needing with regards to nursing hours needed. I can reach out to our SVSD nurse group with includes substitute RNs.

Becky Reimer (Tolt UCC Church) to Sally (Preston Food Bank)

- let's connect so I can let you know if the Tolt UCC has extra meat and other proteins after their Wednesday's pickup times. My email is beckyreimer@hotmail.com.