

## Healthy Community Coalition

4-30-20 Meeting Notes

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**NEXT MEETING:** Thursday, 5/7 at 11am by ZOOM (meetings are now **weekly**)

**Facilitator:** Laura Smith

**Notetaker:** Lisa Hart

### Meeting Minutes Include:

- OPPORTUNITIES FOR COLLABORATION
- SUMMARY OF CRITICAL NEEDS ACROSS THE VALLEY
- ATTENDEE LIST AND CONTACT INFORMATION
- UPDATE FROM LOVE SNOQUALMIE VALLEY
- PROVIDER UPDATES
- IMPORTANT COMMENTS FROM ZOOM CHAT

### OPPORTUNITIES FOR COLLABORATION

1. Alyson Paris, LSMW, Crisis Intervention Specialist, [aparis@seattlemca.org](mailto:aparis@seattlemca.org)
  - Look for a “thought partner” to come up with solutions for providing spaces in the Valley for those parents who are struggling with their own anxiety and are not connected to COORS support.
2. M’Liss Moon, Hopelink Mobility Management Team, [mlmoon@hopelink.org](mailto:mlmoon@hopelink.org)
  - Needs help collecting stories on the impact of lack of transportation in the Valley in order to be more innovative with strategies
3. Jenn Carter with Duvall and Carnation library, [jecarter@kcls.org](mailto:jecarter@kcls.org)
  - Duvall Library has always offered summer learning and lunch programs. Right now those programs are TBD. We are looking for people to help us figure out how to continue those programs because we anticipate the need to be high over the summer.

### SUMMARY OF CRITICAL NEEDS ACROSS THE VALLEY

1. Trissa Dexheimer, Snoqualmie Valley Shelter Services, [Trissa@valleyrenewalcenter.com](mailto:Trissa@valleyrenewalcenter.com)
  - Still needs a place to put port-a-potty and hand washing station in North Bend
  - In search of a dumpster for the camp ground
2. Erica Healy, Social Worker with SV School District, [healye@svsd410.org](mailto:healye@svsd410.org)
  - Lack of housing resources in the Valley for teens under 18 years
3. Kimberly Jackson-Belaggoun, Mamma’s Hands, [Kimberly@mammashands.org](mailto:Kimberly@mammashands.org)
  - In need of cleaning supplies
  - Reliable vehicle for a client (\$2000 range)
  - Need masks and surgical gloves
  - Help communicating job posting for Interim Resident Manager with House of Hope
4. Molly Jenson, PLLC, In Touch Pediatric Occupational Therapy, [mkjensen@yahoo.com](mailto:mkjensen@yahoo.com)
  - Looking for resources for grief counseling for a client of hers

### ATTENDEE LIST AND CONTACT INFORMATION

#### Need Contact Info for:

- Brad Knowles with Riverview School District
- Brook with KCLS
- Lindsay Henning with Encompass (Public Health Intern):

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### Snoqualmie Valley Community Network

Laura Smith (Executive Director): [Laura@svcn.info](mailto:Laura@svcn.info)

Sarah Marsh (SVCN Youth Resilience & Community Resource Coordinator for SVSD): [Sarah@svcn.info](mailto:Sarah@svcn.info)

Maren Van Nostrand (SVCN Youth Resilience & Community Resource Coordinator for SVSD): [Maren@svcn.info](mailto:Maren@svcn.info)

Alyson Paris, LSMW (Crisis Intervention Specialist): [aparis@seattlemca.org](mailto:aparis@seattlemca.org)

Lisa Hart (Community Coordinator): [Lisa@svcn.info](mailto:Lisa@svcn.info)

Ken Heikkila (SVCN Board member): [ken.heikkila@gmail.com](mailto:ken.heikkila@gmail.com)

### Care Point Clinic and Snoqualmie Valley Alliance Church

Tami Jones [Tami Jones: tami@carepointonline.org](mailto:Tami Jones: tami@carepointonline.org)

### Community Member/Parent

Keri Phillips (parent):

Ramu Lyer ( [ramu.iyer@gmail.com](mailto:ramu.iyer@gmail.com))

### Encompass

Sam Sinanan (Parent and Family Coordinator): [Sandra.sinanan@encompassnw.org](mailto:Sandra.sinanan@encompassnw.org)

Lindsay Henning (Public Health Intern):

### Friends of Youth

Teresa C (Business Manager): [Teresa@friendsofyouth.org](mailto:Teresa@friendsofyouth.org)

Cindy O (Homeless Prevention Program): [cindy@friendsofyouth.org](mailto:cindy@friendsofyouth.org)

### Government Officials

Amy Arrington (City of Carnation): [amy.arrington@carnationwa.gov](mailto:amy.arrington@carnationwa.gov)

Kathy Lambert (Council member, 3<sup>rd</sup> District): [Kathy.lambert@kingcounty.gov](mailto:Kathy.lambert@kingcounty.gov)

Lane Covington (Communications Director & Deputy Policy Director, SVCN Board): [lane.covington@kingcounty.gov](mailto:lane.covington@kingcounty.gov)

Lisa Callan (5<sup>th</sup> Legislative District): [Lisa.Callan@leg.wa.gov](mailto:Lisa.Callan@leg.wa.gov)

Zach Hall (Legislative Assistant to Lisa Callan): [Zach.Hall@leg.wa.gov](mailto:Zach.Hall@leg.wa.gov)

### Helping Hands and Life Community Church

Jon Wren: [jon@lifesnoqualmie.org](mailto:jon@lifesnoqualmie.org)

### Hopelink

Anna Austing (Case Manager): [AAusting@hopelink.org](mailto:AAusting@hopelink.org)

M'Liss Moon (Mobility Management Team): [mlmoon@hopelink.org](mailto:mlmoon@hopelink.org)

Lindsey Robinson (Food Program): [lrobinson@hopelink.org](mailto:lrobinson@hopelink.org)

### Holy Innocents Church and Food Pantry (Duvall)

Carrie Harris (Outreach Coordinator): [carrie@holynn.org](mailto:carrie@holynn.org)

### In Touch Pediatric Occupational Therapy, PLLC

Molly Jenson (Pediatric Occupational Therapist): [mkjensen@yahoo.com](mailto:mkjensen@yahoo.com)

### KCLS

Jenn Carter (Duvall and Carnation library): [jecarter@kcls.org](mailto:jecarter@kcls.org)

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Brook (Teen Librarian at Fall City library): **need last name and email address**

### **Mamma's Hands**

Kimberly Jackson-Belaggoun (Executive Director): [Kimberly@mammashands.org](mailto:Kimberly@mammashands.org)

### **Mount Si Senior Center, Snoqualmie Valley and Issaquah Senior Centers**

Valerie Stewart (represents far East Senior hub including Mount Si): [valerie@soundgenerations.org](mailto:valerie@soundgenerations.org)

### **Riverview School District**

Brad Knowles (RVSD School Safety Officer):

### **Snoqualmie Valley School District**

Erica Healy (Social Worker and Youth Substance Use Prevention): [healye@svsd410.org](mailto:healye@svsd410.org)

### **Snoqualmie Fire Department and City of Snoqualmie**

Jake Foust (City of Snoqualmie Fire Department/Health and Social Services): [jfoust@snoqualmiewa.gov](mailto:jfoust@snoqualmiewa.gov)

### **Snoqualmie Valley Food Bank**

Nikki Lloyd (Executive Director): [director@snoqualmievalleyfoodbank.org](mailto:director@snoqualmievalleyfoodbank.org)

### **Snoqualmie Valley Shelter Services**

Trissa Dexheimer (Operations Manager): [Trissa@valleyrenewalcenter.com](mailto:Trissa@valleyrenewalcenter.com)

### **Tolt United Congregational Church (Tolt UCC)**

Becky Reimer: [beckyreimer@hotmail.com](mailto:beckyreimer@hotmail.com)

### **LOVE SNOQUALMIE VALLEY UPDATE**

<https://www.lovesnoqualmievalley.com/>

- How can Love Snoqualmie Valley support the partnership
- In a holding pattern – still assessing what the need is and how much of a need is out there
- Each week highlight a need or community organization
- Past highlights included: food banks, Back Pack and Power Pack programs
- Goal of LSV – to point those in need with community resources
- Helping Hands is seeing: homelessness, low income rent, financial
- Gift Card Drive – still in the planning phases

### **PROVIDER UPDATES: CRITICAL NEEDS**

#### **Encompass**

Sam Sinanan

- A number of Encompass families benefited from Safeway gift cards – very much appreciated from our families
- Encompass gave out 53 gift cards
- Another drive for gift cards would be appreciated
- We have a number of families that do not qualify for other assistance so the gift cards do go a long way
- [Sandra.sinanan@encompassnw.org](mailto:Sandra.sinanan@encompassnw.org)

### Snoqualmie Valley Community Network

Laura Smith

- Organization? funded each of the Backpack and Power Pack programs with \$5000
- Last week **seniors in isolation was a critical needs** – Riverview Youth Council one of SVCN's youth leadership programs wrote letters to seniors
- Val Stewart and I launched an idea with Riverview Youth Council – Start a pen pal exchange between youth and seniors to help alleviate seniors feeling isolated
- [Laura@svcn.info](mailto:Laura@svcn.info)

Sarah Marsh

- Struggling to connect with Spanish speaking families – this is an opportunity to do things differently and get creative
- Housing concern – struggled with as a Valley for long time and is now intensifying – same needs remain but more people unable to pay rent
- Question for Lane – shelter services had requested to have access to any of the hotels that King County purchased – Kathy Lambert implied there was housing available in Issaquah – We do not know how to access it for families needing housing
- From Lane Lane - Hotel rooms being paid for by the county – looking into it
- [Sarah@svcn.info](mailto:Sarah@svcn.info)

Alyson Paris, LSMW

- Proposal to CCORS to coordinate a peer online support in between sessions
- How do we provide spaces in the Valley to those who are not engaged with CCORS?
- Parents are struggling with their own anxiety – any ideas – looking for a thought partner
- Update from Laura about Riverview Youth Council – talking about hosting a drop in Zoom Meeting on surviving for teens
- [aparis@seattlemca.org](mailto:aparis@seattlemca.org)

### Snoqualmie Fire Department and City of Snoqualmie

Jake Foust

- Not received any request for financial or fiscal requests
- If you (Valley organizations) have been denied funds – reach out to Jake, the City wants to make sure all orgs have the support they need
- This will carry into summer and possibly the fall
- **Grocery Bag Drive – Drop off paper and plastic bags to the Snoqualmie Fire Station – bags will go to the food banks and Back Pack program**
- If your program has a spec need reach out to Jake
- [jfoust@snoqualmiewa.gov](mailto:jfoust@snoqualmiewa.gov)

### Community Member/Parent

Keri Phillips

- Work for Evergreen
- Parents want to use this time with their children to give back to the community.
- From parents – is there a way we can help? What ideas are there for our children to learn about giving back
- Reach out to PTA's on how we can involve our kids

### Friends of Youth

Teresa C (Youth and Family Services Business Manager):

- We are seeing an up-tick in phone calls struggling with depression among teens
- Providing telehealth services through Apple Health-covers 100%
- Clients can get help through their Smart phone
- All major carriers are paying 100% telehealth
- FOY has limited capacity in the office
- [Teresa@friendsofyouth.org](mailto:Teresa@friendsofyouth.org)

Cindy O (Homeless Prevention Program):

- United Way(UW) rental assistance – helping Friends of Youth clients with rent assistance
- UW – only helping with April rent assistance list is closed – had 7000 applications, UW only has 7 employees to process these requests
- FOY clients are wondering what they are going to do about May's rent – they are still responsible for back rent.
- Some are not going to pay their rent – some families will be surprised that they will have to pay 3 months of back rent
- UW is trying to get more donations to help pay May's rent
- UW KC .org – waitlist is closed.
- Friends of YOU – Homeless program – calls trickling in – anticipate being swamped May thru July
- Work with kids trying to get into housing
- [cindy@friendsofyouth.org](mailto:cindy@friendsofyouth.org)

### Snoqualmie Valley Shelter Services

Trissa Dexheimer

- Looking ahead to winter shelter which starts in November – how are we going to manage with isolation and social distancing?
- Will it be possible to use the spaces we normally use? Do we have to cut down on the number of people we serve?
- We need space for 30 people and how to pay for it?
- **Still no space for the port a potty and a hand washing station in North Bend**
- Requesting a dumpster where people are camping - Encouraging people to bring out their garbage
- Our Outreach staff is doing garbage collection service
- **Does anyone have a dumpster we can use?**
- [Trissa@valleyrenewalcenter.com](mailto:Trissa@valleyrenewalcenter.com)

### Mount Si Senior Center, Snoqualmie Valley and Issaquah Senior Centers

Valerie Stewart

- No critical needs
- Providing 45-80 lunches per day
- Snoqualmie Valley Senior Center – No plant sale. We did sell out of baskets. We do have some bouquets.
- [valerie@soundgenerations.org](mailto:valerie@soundgenerations.org)

### Care Point Clinic and Snoqualmie Valley Alliance Church

Tami Jones

- We did open

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- Had volunteers into the office
- Lot of research going on for the telehealth assistance
- Thank you for new volunteers who have contacted us who are here locally
- [Tami@carepointonline.org](mailto:Tami@carepointonline.org)

### Snoqualmie Valley Food Bank

Nikki Lloyd

- Critical need – paper and plastic grocery bags – we are part of the grocery bag drive
- [director@snoqualmievalleyfoodbank.org](mailto:director@snoqualmievalleyfoodbank.org)

### Tolt United Congregational Church (Tolt UCC)

Becky Reimer

- Tolt UCC moved a ton of food in short amount of time
- Either word getting out or more people are needing it
- Week by week situation
- [beckyreimer@hotmail.com](mailto:beckyreimer@hotmail.com)

### Helping Hands Ministry

Jon Wren

- **HH needs plastic bags** easier to pack and give
- [jon@lifesnoqualmie.org](mailto:jon@lifesnoqualmie.org)

### King County Library Service

Jenn Carter (Duvall and Carnation library)

- In conversations about the summer programs, summer learning, summer lunch - **helping me figure out summer programs and see the demand will be high – meeting to talk about summer services**
- send email to Jenn
- [jecarter@kcls.org](mailto:jecarter@kcls.org)

Brook (Teen Librarian at Fall City library)

- The library has some online teen programs to keep them engaged. Online Murder Mystery Game and an Online Poetry Contest
- We are working on planning virtual services of sorts for the summer

### Snoqualmie Valley School District

Erica Healy

- **We don't have any housing resources for teens under 18 in the Valley.** The closets is in Kirkland with FOY
- [healye@svsd410.org](mailto:healye@svsd410.org)

### Hopelink, Carnation

M'Liss Moon

- Start collecting stories on the impact of lack of transportation in the Valley
- On call with Metro wanting to understand what is going on in each of the areas – Metro is not receiving data b/c people don't need to use orca cards
- As people's job status changes – we need to make transportation as accessible as possible
- Knowing needs are will help us be more innovate in our strategies

- [mlmoon@hopelink.org](mailto:mlmoon@hopelink.org)

### **Mamma's Hands**

Kimberly Jackson-Belaggoun

- No critical needs at House of Hope Shelter
- We follow our clients – cleaning supplies and house hold items are needed
- We have a mother who is in need of a reliable vehicle. Something in the \$2000 range
- Need masks and surgical gloves at the shelter
- Searching for interim resident manager temp 6-12 week position at the House of Hope. Need help posting job description
- [Kimberly@mammashands.org](mailto:Kimberly@mammashands.org)

### **In Touch Pediatric Occupational Therapy, PLLC**

Molly Jensen

- Private practice small case load
- Have a client with a recent death (pancreatic cancer). Parents working at home mom's demeanor is diminishing and her ability to follow through on care plans for the child is also diminishing – Are there any resources to do some grief counseling with this family
- Parents whose children are on IEP's or 504's are feeling overwhelmed with managing general ed and special ed programs.
- Social interactions – lot of kids on the spectrum need that social interaction need practice and they are not doing it
- [mkjensen@yahoo.com](mailto:mkjensen@yahoo.com)

### **Representative (5<sup>th</sup> Legislative District)**

Lisa Callan

- Some topics are our minds and problem solving for are:
- Remote learning, Physical, social and emotion issues, Sheltering families and youth
- Spending time trying to work through turning the dial into recovery.
- Looks like basic need services and the need for face masks and bags are critical needs – making sure those don't get lost in the conversation
- We don't always know the answers but can make connections. Blossoming hope and help
- [Lisa.Callan@leg.wa.gov](mailto:Lisa.Callan@leg.wa.gov)

### **Holy Innocents Church and Food Pantry**

Carrie Harris

- Good news to share-City of Duvall did their grant and gave us more money than we asked for
- We had a client a few weeks ago who needed a place to live. We have found her a place to live
- Bags for high school kids – food – will we be able to manage that?
- Food is not a lot and not enough for an older child
- Are there healthier options? Hearing from clients that the food being provided has so much sugar (more like treats) Parents are depending on this food and it is heavily processed and lots of sugar
- What else can we do to have other healthier options?
- [carrie@holynn.org](mailto:carrie@holynn.org)

Reply from the group

- SV school district is offering free meals and lunches to students
- Hopelink – we do have no cook emergency bags of food available – anyone can come by and get those
- From Lindsey at Hopelink – our services may be under used, we try to provide a variety of options. Is there a way we can connect people and supplement food by utilizing the Back Pack program, Power Packs and school lunches?
- From Laura Smith – we can let kids know – post flyers – SVCN can print flyers
- This does not address the nutrition but it does help with access and providing more options.
- Lisa Callan – How do we go from giving out 2 meals/day to 4 meals/day

**IMPORTANT COMMENTS FROM ZOOM CHAT**

**RE: Food sensitivities and allergies**

- At Holy Innocents Church and Food Pantry we are trying to get all clients to email with requests. They generally feel guilty at first but once they do I assure them that this makes our job easier!!
- At Hopelink - We have limitations on this currently, and sincerely hope to be able to expand dietary options in the future. Right now our food contents include a mix of items, but we know it does not meet individual needs like our normal operations do!
- Nikki Lloyd - we are asking our clients if they have allergies and then accommodating. We do separate out our gluten free and dairy free items to save for those with allergies. We are not currently able to take preference into consideration, but allergies for sure.

**RE: Food Nutrition and Food Access**

- Trissa (Snoqualmie Valley Shelter Services) Food for teens: kids can stop by the resource center (Snoqualmie American Legion Post) to get grab and go food (sandwiches from PCC, etc) and frozen meals that the tribe has supplied. We can heat food up.
- Snoqualmie Valley Food Bank is working with Love Snoqualmie Valley to get food delivered to anyone who needs it too. Teens included!
- Tolt UCC the food pantry is always open at Tolt UCC!
- Hopelink food offerings: T12-4, W3-7, Th10-2
  - No cook ebags also available (pop-top soup and veg, cup of noodles, snacks, fresh fruit, etc.)
  - Rotating produce, dairy, & meat
  - 2 macaroni and cheese
  - 1 peanut butter
  - 1 bag black beans
  - 2 can peaches/pears/applesauce
  - 2 stew/chili
  - 2 bag pasta
  - 3 cans soup
  - 2 can tuna/ham
  - 4 can veggies
  - 1 can kidney/black/refried beans
  - 2 tomato sauce/diced tomato
  - 5 packets oatmeal or 1 box cereal
  - 1 bag rice (white or brown)
  - 4 shelf stable milk

**RE: Paper and plastic bag shortage**



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- Trissa with Snoqualmie Valley Shelter Services) we purchased plastic grocery bags from amazon or possibly
- 100 bags for 12.99 or 1000 for 32.97. Not sure if budgets allow for this expense. Could clients return bags, or are they already doing that?
- Nikki Lloyd (Snoqualmie Valley Food Bank) Yes! People can bring bags back for sure!

### RE: Transportation

- M'Liss Moon : Regarding transportation challenges please send info, questions and concerns to [mlmoon@hopelink.org](mailto:mlmoon@hopelink.org).

### RE: House of Hope

- From Kimberly Jackson-Belaggoun, Executive Director Mamma's Hands : The House of Hope accepts pregnant and/or parenting teens under the age of 18 years if they are legally emancipated.
- we serve female head of household.
- Also, I forgot to mention that we still have an opening at the House of Hope for a family from the Valley who is experiencing housing instability.
- [Kimberly@mammashand.org](mailto:Kimberly@mammashand.org) for Interim Resident Manager job description.