

Healthy Community Coalition

Meeting Notes

Thursday, July 9 2020

IMPORTANT: We will be moving the HCC meetings from every Thursday to the 2nd and 4th Thursdays of the month

NEXT MEETING: Thursday, July 23 at 11am via Zoom

FACILITATOR: Laura Smith

NOTE TAKER: Lisa Hart

ANNOUNCEMENTS

Snoqualmie Valley Community Network

Key Leaders Summit will be Monday August 10 from 9am to 12pm via Zoom

- Bring together leaders of all ages and sectors from the Snoqualmie Valley and the greater Eastside
- Last year's focus was on the Community Assessment, this year the theme is anti-racism
- James and Kristen Whitfield from Be Culture will be leading the interactive conversation
- We are looking for a few folks to serve on a Key Leaders Summit planning team. Please let me know if you'd like to be involved. 3 meetings over the next 3 weeks

Be the Change 2020 Series

- For adults and youth- please check it out here <https://snoqualmievalleycommunitynetwork.org/be-the-change/>

Weekend Power Packs and Extra Food

- Our office space is full of food, staff is starting to work at the office – our need – anyone knows of space in the lower Valley that is large enough to store food and people to help pack food. Please email Laura at Laura@svcn.info

Love Snoqualmie Valley

- A hub for giving and getting support
- Working on an event to help meet needs of the community
- Community drive type of event that serves 2 purposes: support our community organizations and community members who want to provide support
- www.lovesnoqualmievalley.com
- Emily@svaonline.org

SVCN/SVA Church and Trail Youth

- SVA Church would like to partner with Trail Youth and/or SVCN to create a service project for youth
- SVCN Be The Change Session 5 focuses on community connections with a share community project.

Summer Food Distribution

- Please help us spread the word that summer food distribution is still happening in the upper and lower valley
- Power Packs in the lower Valley
- Back Pack Program and Food Box in the upper Valley
- Over the course of a few weeks we have seen a 75-80% drop off in need, not sure why
- We are sitting on a lot of food that we want to get out to the community

Trail Youth has Bombas socks! Email tonya@thetrailyouth.com

please take our survey!

https://docs.google.com/forms/d/e/1FAIpQLSdWZSZCeBUmN1wymbQ4W67nWGfNVv_STSGQX-9POzUJaizVIA/viewform?usp=sf_link

Trail Youth Coffee Trailer

- Hoping for end of July beginning of August to get the coffee trailer up and running

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- Trying to get through all the government hoops
- To be able to go out and help assist other community organizations
- Still talk with the kids and get the resources they need
- Go into adult neighborhoods to provide resources

RESOURCE: The Red Cross is now offering supports for families who have lost loved ones to COVID-19.

<https://www.redcross.org/virtual-family-assistance-center.html>

THIS AFTERNOON: Eastside Renters in Crisis

Tuesday July 9th 3:30-5:00. A series hosted by Eastside for All.

Join us for updates from the state, King County, and local cities on protections for renters. Community members will have the opportunity to provide feedback to local leaders and elected officials. What are the concrete next steps to best support our community? Register: https://zoom.us/meeting/register/tJYtdu2qrj8vHNN8GlaeFh3Uez3vimKe_8Yi

- They are looking for comments around a proposed program for rental assistance. They're making it so anyone can apply, and list the draft documents on the website I linked above <https://www.commerce.wa.gov/serving-communities/homelessness/>

FREE PARENTING WEBINAR: "Are We There Yet? Supporting Your Teens through COVID-19" — 10 AM July 14

Join us July 7 and July 14 to learn more about how to support you and your child's mental health throughout the summer. You'll learn practical steps you can take to better understand behaviors and emotions that are commonly occurring during COVID-19. Mental health professionals will help you discern when and where to seek professional support in Snoqualmie Valley and nationally. A FREE event for parents and caregivers of teens. REGISTER:

<https://www.eventbrite.com/e/are-we-there-yet-supporting-your-teens-through-covid-19-tickets-111370277498>

SAMHSA research on emotional phases of disaster: <https://www.samhsa.gov/dtac/recovering-disasters/phases-disaster>

RESOURCE: Friends of Youth is hosting their 3rd Counselor Chat webinar this next Tuesday (July 14th @ noon). Topic is parenting difficult behaviors. Here is the registration link:

https://zoom.us/webinar/register/WN_zYMBkFoiQByylBs72TtF_Q

Please pass along to whoever may be interested.

Snoqualmie Valley Transit

is again running the Summer Freedom program this year. All kids 18 and younger can ride the entire SVT system for free until Aug. 31st.

- Feedback from drivers: Teens are scared - about their health, about their futures. If you want to post supportive info for youth on the buses, get it to me. ABiggs@svtbus.org

Chris Lovings (ELAP) : chris@elap.org | 425.747.7274 - 425.620.2778 (Spa) | www.elap.org/webinars

Solid Ground Webinar Register in advance for this meeting:

<https://us02web.zoom.us/meeting/register/tZlpf-yqrzspGtE4X6EVmaWblW2ilo0ygYTI>

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From Maren Van Nostrand : If you're interested in submitting your 3-5 minute video that answers the question, "What give you hope?" let me know. We're looking for a diversity of voices from a broad section of the community: This is in cooperation with Riverview Resilience (the resilience campaign for Riverview School District area maren@svcn.info)

Influence the Choice

Jerry Blackburn Jerry@influencethechoice.org

I have 50 kits from Sea King County Public Health. We still have about 40 of Naloxone.

From Schrier Office : Another great mental health resource! <https://www.hca.wa.gov/assets/program/washington-listens-fact-sheet.pdf?MvBriefArticleId=3100>

KCLS

Library programs include: Book clubs, improv, dungeon and dragons, trivia, etc.

KCLS : <https://kcls.org/summer/>

KCLS Summer online activities for all ages and other recorded events: <https://kcls.org/summer/>
<https://kcls.org/featured-events-online/>

We are also getting free books out in the helping hands backpacks soon.

Snoqualmie Valley Community Network

Given the go ahead to hire a half time bilingual individual to engage with our Spanish speaking families, working on a job description. We would like to get this person hired and on board before school begins. If you know of people who are champions in the Spanish speaking communities, we would like to forward the job description to them

Friends of Youth

- Trained on dealing with covid
- Recommend youth reach out now before symptoms develop – to go to mental health services
- Encourage people to reach out
- Counseling online and some in person counseling
- Take insurance and sliding scale

YMCA

Melinda

- Camp in a Box can be found on YMCS website
- Creating a Zoom room for kids who have anxiety – receive support
- Build skills to return to school – this support can be ongoing – “sky is the limit” opportunity

Hopelink Food bank

Allana

- Clients who are looking for food who do not want to give out their name and address – we have other options for providing information – there is food for those who do want to give out their information

ATTENDANCE

Snoqualmie Valley Community Network

Sarah Marsh (SVCN Youth Resilience & Community Resource Coordinator for SVSD): Sarah@svcn.info

Karla Russell (Community Coordinator for Pathways to Employment Success and Be Kind Snoqualmie): Karla@svcn.info

Maren Van Nostrand (SVCN Youth Resilience & Community Resource Coordinator for RVSD): Maren@svcn.info

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Lisa Hart (Community Coordinator): Lisa@svcn.info

CarePoint Clinic

Tami Jones: tami@carepointonline.org

Eastside Legal Assistance Program

Chris Lovings: chris@elap.org

Encompass

Sam Sinanan (Parent and Family Coordinator): Sandra.sinanan@encompassnw.org

Friends of Youth

Cindy Obtinario (Homeless Prevention Program): cindy@friendsofyouth.org

Christina Campos (Mental Health Program Manager): christinac@friendsofyouth.org

Lauren Kula (Program Manager for Substance Use Disorder Services): laurenk@friendsofyouth.org

Government and Local Officials

Lane Covington (SVCN Board and Office of Councilmember Kathy Lambert) lane.covington@kingcounty.gov

Elenore Trenary (with Congresswoman Kim Schrier's Office Issaquah): Eleanor.Trenary@mail.house.gov

Matt Larson (Mayor of Snoqualmie):

Hopelink

Anne Lis (Client Resource Specialist): ALis@hopelink.org

Allana Nath (New Food Bank Supervisor): ANath@hopeline.org

Anna Austing: Austing@hopelink.org

Haley Cohen: Hcohen@hopelink.org

M'Liss Moon (Mobility Coordinator Snoqualmie Valley Transportation Coalition): MImoon@hopelink.org

Influence the Choice

Jerry Blackburn (Ex. Director): Jerry@influencethechoice.org

King County Library System

Brooke Shoostine (Fall City Library): bsshootine@kcls.org

Denise Bugallo (Regional Manager): dbugallo@kcls.org

Mount Si Senior Center, Snoqualmie Valley and Issaquah Senior Centers

Valerie Stewart: valerie@soundgenerations.org

Rotary Club of Snoqualmie Valley

David Moore: davidseldonmoore@comcast.net

Seattle YMCA

Melinda Burns: mburns@seattleyymca.org

Snoqualmie Valley Alliance Church and Love Snoqualmie Valley

Emily Ridout: emily@svaonline.org

Snoqualmie Valley Methodist Church

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Lesley Sheppard:

Snoqualmie Valley Shelter Services

Jennifer Kirk (Ex Director): jenniferk@svshelterservices.org

Snoqualmie Valley Transit

Amy Biggs: ABiggs@SVTBus.org

Supportive Community for All

Jody Miesel jody@asupportivecommunityforall.org

Trail Youth

Kristen Zuray (Ex. Director): Kristen@thetrailyouth.com

Tonya Guinn (Program Director): tonya@thetrailyouth.com

Jacob Lessing (Intern)

Brennon Lee (Intern)