



Youth Suicide Prevention



November is Kindness Month!

November 13 is World Kindness Day, and our Valley has come together to proclaim November as Kindness Month!

The Snoqualmie Valley Community Network's #BeKindSV campaign is an effort within our Youth Suicide Prevention program. This campaign began in our schools as a way to support positive school climate by introducing, modeling, and reinforcing kindness and inclusion to prevent unwanted behaviors. This campaign has provided positive changes, and with the state of our current environment, we are bringing it to our entire Valley in order to build community awareness and engagement, as well as to unite community support surrounding kindness during this critical time.

We are asking our community to participate in November's kindness activities so that the kindness ripple effect takes hold and we witness kindness continuing every day, week, and month for years to come!
Let's make kindness contagious and the preferred pandemic!



30 local Kindness Ambassadors from across the Valley will share a kindness challenge each day!

Watch for the challenges [here](#), and help us create a kindness infusion throughout the Snoqualmie Valley!



Businesses are invited to join the fun! [Click pledge link](#), fill out the pledge, and receive a cling (pictured above). Businesses will be listed on the [#BeKindSV Facebook page](#).

For more information contact karla@svcn.info

Look for our Community Kindness Banners in Duvall, Carnation, Fall City, Snoqualmie and North Bend. Be the "I" in Kind by standing where the "I" should be, taking a photo, and tagging [#BeKindSV](#)!